

**Welcome Back!**

**Mrs. Trzcinski**



**Mr. Healey**



**Brad Healey:**

**-5 years teaching PE at Canterbury**

**Amber Trzcinski:**

**-2 years teaching PE at Canterbury**



# Class Needs:

**-Athletic Shoes**

**-Water Bottle \*Water Fountain is Not Available\***

**-Face Masks**



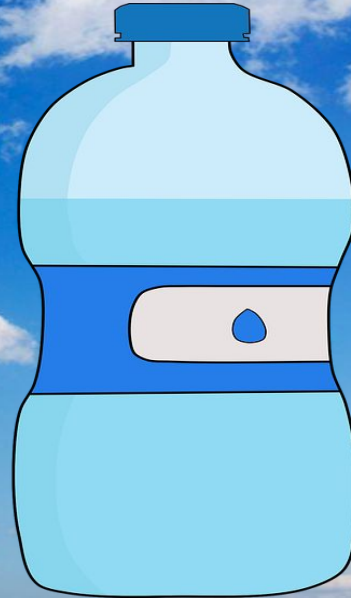
# Provided:

**Sanitizer**

**Regular Cleaning of Equipment**

**Student Spacing**

**Plenty of Outdoor Activities**



# **Curriculum:**

**Health**

**Nutrition**

**5 Components of Fitness**

**Locomotor Skills**

**SMART Goals**

**Fitness Testing**

**\*All Curriculum will be Integrated with Sports/Activities\***



# Sports and Activities:

Juggling

Football

Basketball

Gymnastics

Jump Rope

Soccer

Scooters

Parachute

Frisbee

Bowling

Target Throwing

Volleyball

Hockey

Baseball

Bicycle Unit!!!



# Communication:

***We look forward to hearing from you! Please contact us via email for any questions you may have. We will respond by the next school day:)***

***[brad.healey@fcps.edu](mailto:brad.healey@fcps.edu)***

***[actrzcinski@fcps.edu](mailto:actrzcinski@fcps.edu)***

